

We are **Active Lifestyle, Inc.**, the people who bring activity and community to you where you live. Our program has been operating at Marina Towers in Vallejo now for 9 months.

We use the facility's community room with 2 coordinators and a big screen TV to bring physical activity, social interaction, personal enrichment, and plain old fun to the Marina Towers' residents.

Our program has been so successful that we have been asked to expand the program to 3 days a week. We need your help to do this. We need seed funding to bring the Marina Towers seniors the activities that will help them grow and thrive in their elder years.

Please go to our website: **ActiveLifestyleinc.com** for more information and for an opportunity to contribute to the health and well being of Vallejo's senior population.

Gordon Keiser, Founder

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